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## Zen in the Art of Flower Arrangement (Arkana)

*Gustie L. Herrigel*

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**Gustie L. Herrigel : Zen in the Art of Flower Arrangement (Arkana)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Zen in the Art of Flower Arrangement (Arkana):

3 of 3 people found the following review helpful. Author writes like an outsider, but has fresh observations By Al L. Stone This book seems to have been written from the outside, looking in at Japanese culture. I guess that's okay, but for the most part I felt like the author was trying to set a stage and add some drama to things that I thought were kind of mundane and common in Asian culture. That being said, there are a few passages that actually added to my appreciation of Ikebana. I think the author made some really deep observations that I had never run in to in other books. If you're a student of Ikebana, I suggest you get this book. It brings up concepts that we don't always get from the secular flower arrangement schools.

Ikebana, the Japanese method of flower arrangement has always been an important part of Zen. Apart from the symbolism of the arrangements there is a meditative art in achieving the right state of mind in which to do Ikebana perfectly.

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