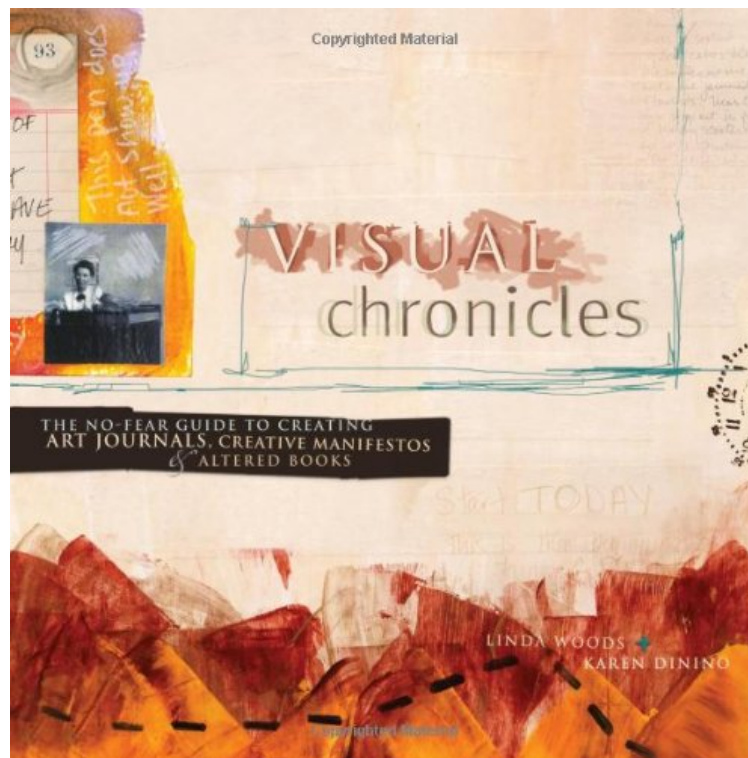


(Get free) Visual Chronicles: The No-Fear Guide to Creating Art Journals, Creative Manifestos and Altered Books

Visual Chronicles: The No-Fear Guide to Creating Art Journals, Creative Manifestos and Altered Books

Linda Woods, Karen Dinino
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Linda Woods, Karen Dinino : Visual Chronicles: The No-Fear Guide to Creating Art Journals, Creative Manifestos and Altered Books before purchasing it in order to gage whether or not it would be worth my time, and all praised Visual Chronicles: The No-Fear Guide to Creating Art Journals, Creative Manifestos and Altered Books:

0 of 0 people found the following review helpful. Five StarsBy Linda A. WilsonSecond book by them and worth every cent. So inspiring!6 of 8 people found the following review helpful. staying creative in a decidedly uncreative world...By Elizabeth MetzI have every book on art journaling known to man. Quite a few on regular journaling, too. And a fair bit on paper arts. I might just have a small, tiny book *addiction*. That's neither here nor there. What IS both here and there is that I lusted after this book before it came out. I think I may have actually scared some people at BN with the crazy-eyed, wild-haired begging for them to hurry up and get it in. (I'd preordered it here, but it was taking just way too long. Yes, I know they ship the first day. That's beside the point. I'm not so good with instant gratification.)So when it came in from , the first thing I did was toss aside the other filler books I bought to get the free shipping and flopped down on the floor with Visual Chronicles.An hour later, when I came up for air, the first thing I did was prepaint some shoes. SHOES, people! Who woulda thunk of creating a literal *walking journal*? Evidently, Linda and Karen.From that first set of shoes until now, I keep finding pieces of this book in things that I do, artwise.

It's a revolutionary book in a very quiet way -- making you think about both the extraordinary and the everyday. Those little "Have No Fear" quotes (which one reviewer obviously didn't understand to be set-offs for tidbit tips) get repeated in my head when I'm stuck, or needing a dose of inspiration. And the projects, while not my typical style, have been something I've gone back to again and again. (The miniprompt book and the color glossary in particular.) And I definitely didn't find any of it to be condescending -- maybe because I really see the authors (through their writing here) as friends. Highly enthusiastic, you-can-do-it cheerleader friends, wanting to share a little bit of their creative spirits with everyone, rather than hoarding it all for themselves. Like I said, I've got a shelf full of journaling books. Among those, there are probably a dozen that I refer back to again and again, and Visual Chronicles is one of those. I've never regretted buying it, or keeping it at the ready -- because that inspiration that's so freely given is priceless. 7 of 8 people found the following review helpful. Not what I thought it was By MJZ This isn't a bad book, but for me it didn't prove to be a very good one either. I will admit to getting some ideas from it, but found it pretty basic for the most part. I really didn't like any of the pages the authors did and wasn't really inspired by any of it. I have to agree with the other reviewers who said this is more like cut and paste scrapbooking and not art journaling. If you want a book about doing crafts, this is a good one. If you want a book about doing art, then save your money.

The real news of our lives is not in newspapers. We must chronicle our own adventures and achievements, our brilliant observations and our comic relief, our best friends and our greatest embarrassments. Visual Chronicles is all about YOU: your dreams, your memories, your daily routines, your greatest loves and your secret pet peeves. It's all about getting to know yourself better, savoring the wonderful ebb and flow of your everyday, and celebrating it all in visual mementos of your life journey. Sound fun? Heck, yes! Sound hard? Not a bit. Each chapter of Visual Chronicles quiets common fears such as "Nothing happens in my life." or "I'm just not artistic." with projects such as the "My Day Unfolds Journal", and "Experiments with Composition." Inside, you'll learn that journaling doesn't take big chunks of time - just bits and pieces here and there, whenever the spirit strikes. "Get Going" exercises offer instant ideas such as listening to the conversations you have with yourself or recognizing that meaningful ephemera is a part of each and every day. Soon, you'll see that inspiration awaits all around you: a midnight trip to the store, a favorite scarf, an unexpected phone call, junk email, your breakfast plate . . . Don't wait another second. Make creative journaling a part of your everyday life, busting through self-doubt, time clocks, piles of laundry, and every other roadblock along the way. With Visual Chronicles, you'll be inspired to tell your story the way only you can!